

Movie Night, summer training sessions, and yoga. Click on the links below for more information.

July 7th, 8:15pm

[Movie Night top gun \(1\).pdf](#)

Want to try out the exercise equipment at Arbolino Park, but don't know where to start? Join us for open sessions & learn to use the correct form with Personal Trainer, Kristy Vazquez!

[Training sessions 3.pdf](#)

Summer yoga for kids

[yoga 23 \(1\).pdf](#)